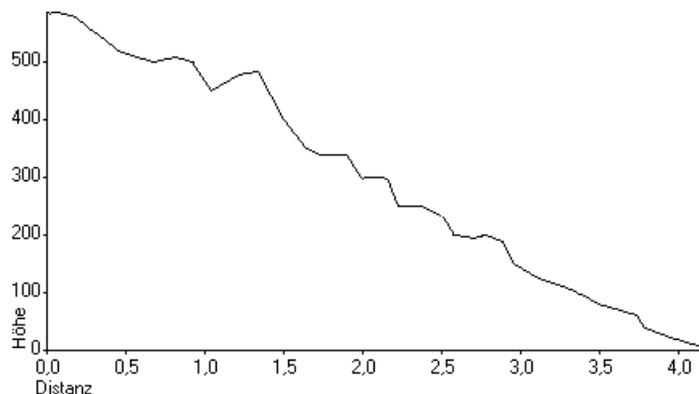


Sunday, August 30, hiking tour through Masca Canyon and boat tour to the cliffs of Los Gigantes

The hiking tour through Masca Canyon leads us from the village with the same name (Elevation: 600m, Distance: 0km) in the Teno mountain range down to the stony beach (0m, depending on source 4.5km-6km). From there, a boat will pick us up around 6 p.m. to bring us to Los Gigantes after a visit to the dolphins. As the way through the canyon is not always in good shape for running through the streambed, sturdy shoes are required. The boat ride costs 12€ per person (15€, if we don't get the group discount), which includes food and drinks on board.



Elevation profile from Masca to the beach

Meeting points:

- 12:30 p.m. at the bus stop in Santiago del Teide near the road to Masca (bus stop no. 4673) at **point B** (the points of interest are marked on the maps on this and the following page).
- 1:30 p.m. at the main road in Masca where the hiking tour starts (**point A**)

Please take into account the general advice regarding the hiking tours on the last page.

By bus to Masca:

From Santa Cruz: Bus 107 in direction of Buenavista leaves the bus station in Santa Cruz at 9:15 a.m.. From the bus station in Buenavista, bus 355 in direction of Santiago del Teide takes you to Masca at 11:45 a.m.

From Puerto de la Cruz: Bus 325 leaves the bus station at 10:45 a.m. in direction of Acanilado de Los Gigantes. You need to get off the bus at the second stop in Santiago del Teide (**point B**, at the road to Masca). You have reached the first meeting point, from where we will go together to Masca with bus 355.

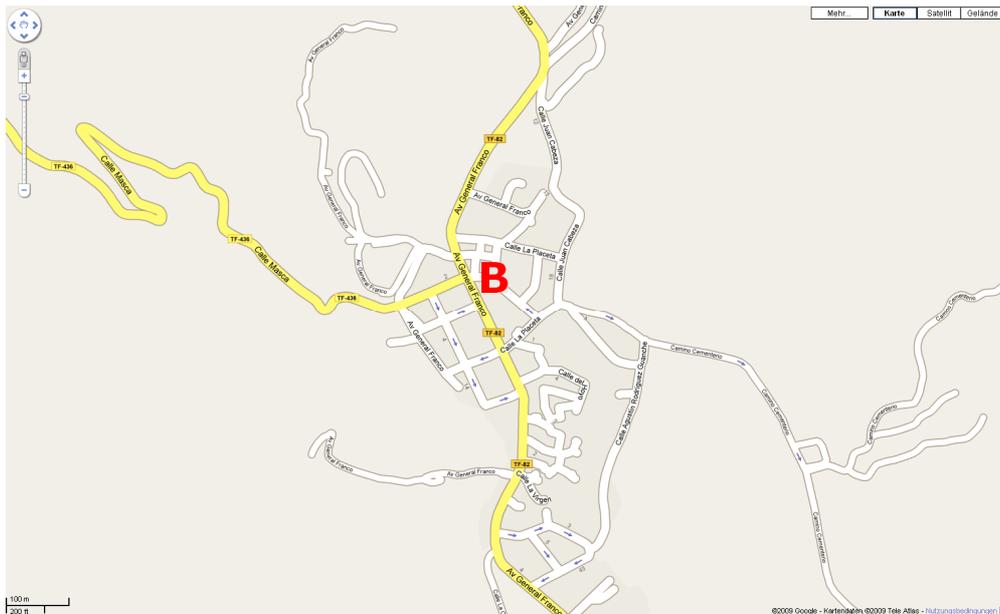
Return: From the harbor in Los Gigantes (**point D**) you can reach the bus stop of Bus 325 in around 10 minutes walking (**point C**, bus stop no. 7228). The bus leaves this stop at 9:25 p.m. going to Santiago del Teide and Puerto de la Cruz.

By car to Santiago del Teide:

From Puerto de la Cruz, take highway TF-5 west to San Juan de la Rambla and Icod de los Vinos. From there, follow the road to El Tanque and Santiago del Teide. You should leave the car near the first meeting point (**point B**) in Santiago del Teide, as there is few parking in Masca itself and in the evening you can only get back there taking a taxi. We will ride together from the meeting point to Masca and return from Los Gigantes to Santiago del Teide by bus.



Masca, start of our hiking tour is at **point A** (meeting point)



Santiago del Teide, meeting point is at **point B**

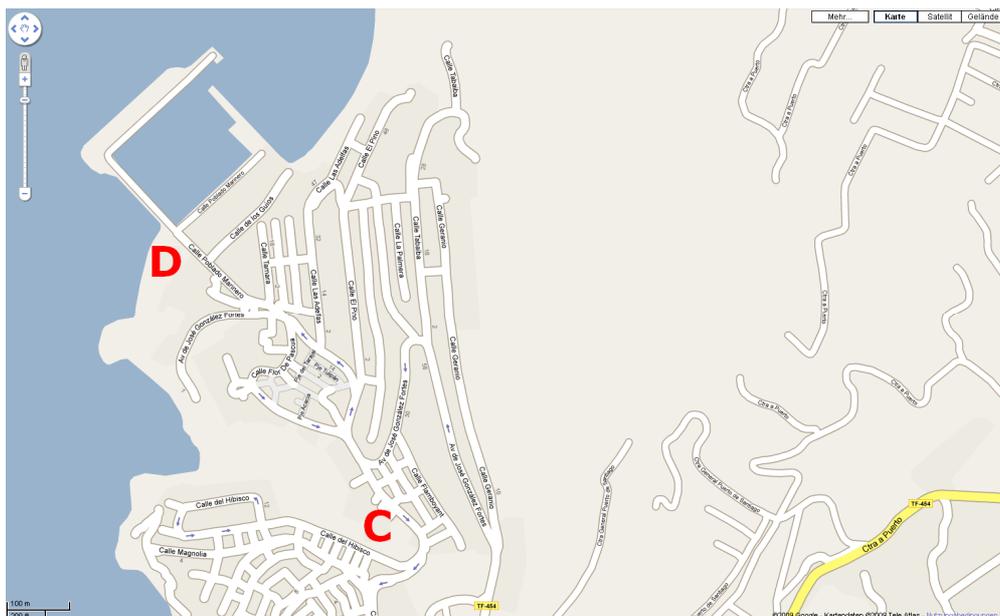
General advice for the hiking tours:

The trips chosen for our program should be feasible for most of you. Still, they are hiking trips and not promenades. For this reason, please respect the following points:

Footgear: Even though most of our trips will be doable with sport shoes, we highly recommend you to wear hiking boots to lower the risk of injury.

Sun protection: It will be important to wear a hat, and if the temperatures allow for it, long sleeves as well. Apart from this, protect yourself with sunscreen or, additionally, with sun protection capsules (e.g. Heliocare) that can be obtained in pharmacies.

Provisions: Per person, you should take at least 1.5 to 2 litres of water with you, and 2.5 to 3 litres for the long variant to the Paisaje Lunar on September 1. You should also take food for picnics and snacks along the way.



Los Gigantes, harbor (**point D**) and bus stop (**point C**)